Dizzy? Tell Your Doctor.

Your doctor can assess whether your symptoms might be caused by a serious disorder, such as a heart or blood condition, or one of many other causes, including ear infection, injury, or certain medications.

Discuss your symptoms with a healthcare provider if you often feel:

Unsteady, as if you’re moving, when standing still.

Lightheaded, as if you might faint.

Your vision becoming blurred.

Disoriented, losing your sense of time, place, or identity.