Last Week to Apply for Naturally Slim!

Lose weight naturally, while still eating the foods you love.

*Naturally Slim* is an online behavioral program that helps you change how you eat, instead of what you eat. It's not a diet. And, it's free to you. The program is available to all UT SELECT Medical plan members ages 18+, and the cost is fully covered by the UT SELECT Medical Plan.

Learn more and sign up now: www.naturalslim.com/livingwell

Application Period: March 1-16
Acceptance Notification: March 23
Program Start Date: April 2