

# TIP OF THE WEEK



## Prevent Drownings: Use Life Jackets

*If you plan to swim, ride in a boat, canoe, or other water vehicle, take a minute to protect yourself and others from drowning.*

**Put on a U.S. Coast Guard-approved life jacket.** Make sure all passengers put on a life jacket, regardless of distance to be traveled, size of boat, or swimming ability of boaters.

**Do not use air-filled or foam toys, such as water wings, noodles, or inner-tubes, in place of life jackets.** These toys are not designed to keep swimmers safe.

**And don't drink while boating.** Alcohol is involved in about 1/3 of all recreational boating fatalities.

  
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