

TIP OF THE WEEK



Swimming Safely in Nature

Texas is full of beautiful natural swimming spots, from springs, creeks, rivers, and lakes, to the gulf. With the natural beauty comes changing conditions that require extra care and caution. Follow these tips when swimming in nature:

NEVER swim alone. That includes even the most experienced swimmers.

Supervise children at ALL times.

Stay in designated swim areas. If areas are closed due to high water and strong currents, they are not safe to swim in.

Consider currents. Even when water looks calm from above, there may be an under current that can carry you away.

Be aware of changing water conditions. Flash flooding can occur instantly.

Check online or with park staff to be sure bacteria levels are safe for swimming.

Get out of the water immediately if you see lightening or hear thunder.


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