

# TIP OF THE WEEK



## **Medications: Use as directed.**

*Prescription drugs help millions live longer and healthier lives. But if you don't take your medicine as directed or if you take someone else's medications, the results can be deadly.*

**Always follow prescribed directions** and read all info provided by the pharmacist.

**Never stop a medicine or change doses** without discussing with your doctor.

**Be aware of potential interactions** with other drugs. Tell your healthcare professional about any medications and supplements you are taking.

**Never use someone else's prescription.**

**Safeguard all medications** by keeping track of amounts left and safely disposing of drugs you don't need.

  
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