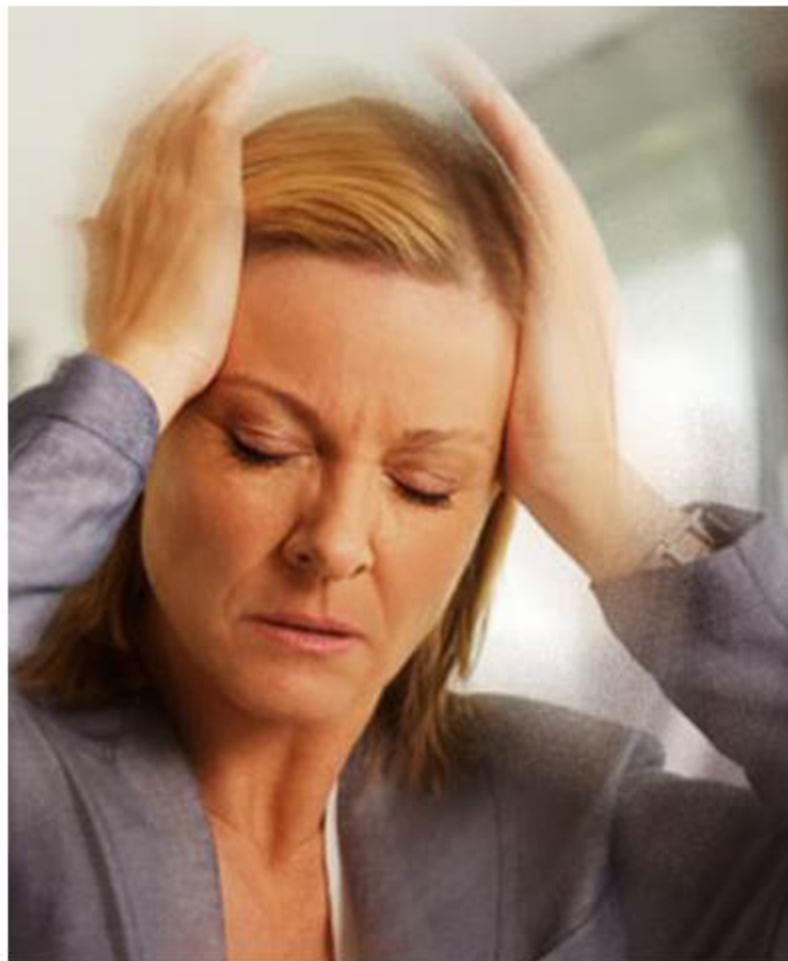


Dizzy? Tell Your Doctor.

Your doctor can assess whether your symptoms might be caused by a serious disorder, such as a heart or blood condition, or one of many other causes, including ear infection, injury, or certain medications.

Discuss your symptoms with a health care provider if you often feel:

- Unsteady, or as if you're moving, when standing or sitting still.
- Lightheaded, as if you might faint.
- Your vision becoming blurred.
- Disoriented, losing your sense of time, place or identity.



If you are a UT SELECT Medical Plan member and do not currently have a primary care doctor, you can use the Provider Finder at <http://www.bcbstx.com/ut/> to find a doctor that is covered by your benefits.