

Condition Management

Are you managing  
your chronic  
condition or is it  
managing you?



## Condition Management Lunch & Learn

Presenter - Diana Gonzales, BCBSTX

April 18, 2016

SU - Galaxy Rooms A & B

12-1 p.m.

If you have a chronic condition, managing your health better can pay off later on. Learn how to take the first step to a healthier tomorrow and how to join the Condition Management program by attending this lunch & learn.

Condition Management is available to you and your covered family members if you have:

- ◆ Asthma
- ◆ Lower Back Pain
- ◆ Chronic Obstructive Pulmonary Disease (COPD)
- ◆ Congestive Heart Failure (CHF)
- ◆ Coronary Artery Disease (CAD)
- ◆ Depression
- ◆ Diabetes

[Click Here To Register](#)

(Registration required to reserve a spot and lunch.)

Prize drawings will take place at the end of the event. For questions, email [benefits@utdallas.edu](mailto:benefits@utdallas.edu).



### Blue Care Connection®

Getting your chronic condition under control may help you be healthier in the years to come. Call 866-412-8795 and select "Blue Care Connection" today to join the Condition Management program, or visit [careontarget.com](http://careontarget.com) and start a live chat with a clinician.



BlueCross BlueShield  
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