



Life beyond depression



In her book *"Struck by Living: From Depression to Hope"*, Julie Hersh picks apart the irony of her life with humor and brutal honesty. Her *"Struck by Living"* blog is featured on the *Psychology Today* website. Julie is also a guest blogger on the Menninger Clinic *"Say No to Stigma"* website. Julie is Board president of the Dallas Children's Theater and active supporter of the Suicide and Crisis Center, CONTACT, and other non-profit organizations. She lives with her husband and two children in Dallas, Texas.

Depression is a serious medical condition that can impact the way you feel and act towards others. Many people with depression feel that life is no longer worth living. Join Julie Hersh, author of *"Struck by Living: From Depression to Hope"* as she shares her inspiring story of depression and how she broke the deadly course of her disorder.

A panel of physicians on the Texas Health Presbyterian Hospital medical staff and psychologists on the Texas Health Dallas allied health staff will be on hand for a time of question and answer.

Thursday, February 24, 2011
5:30 p.m. - 7:00 p.m.
Fogelson Forum Building

Light refreshments served

- Leslie Secret, M.D., Chairman of the Department of Psychiatry
- Donald G. Hafer, Jr. Ph.D., Director of the Behavioral Health Program
- Jim Harris, Psy.D., Neuropsychologist, Eating Disorders Program Manager
- Melissa Pennington, D.O., Eating Disorders Psychiatrist
- Michael Rosenthal, M.D., Psychiatrist

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